1. What is the recommended compression rate when performing CPR on an adult?
   1. 50 compressions per minute
   2. 80 compressions per minute
   3. 100 compressions per minute
   4. 120 compressions per minute

100 compressions per minute

#

1. When should you activate the emergency response system when performing CPR on a child?
   1. After giving 5 initial rescue breaths
   2. Immediately before starting compressions
   3. After completing 30 compressions and 2 rescue breaths
   4. After performing 5 cycles of CPR

Immediately before starting compressions

#

1. What is the correct hand placement for performing chest compressions on an infant?
   1. Over the center of the chest, between the nipples
   2. Over the lower half of the breastbone, just below the nipples
   3. On the abdomen, just below the ribcage
   4. On the neck, just below the chin

Over the center of the chest, between the nipples

#

1. What is the purpose of an AED (Automated External Defibrillator?
   1. To administer medication during a cardiac emergency
   2. To provide oxygen to a person in distress
   3. To deliver an electric shock to restore normal heart rhythm
   4. To perform CPR automatically

To deliver an electric shock to restore normal heart rhythm

#

1. When using an AED, what is the first step after turning it on?
   1. Attach the electrode pads to the person's chest
   2. Press the shock button
   3. Begin chest compressions
   4. Wait for further instructions

Attach the electrode pads to the person's chest

#

1. What precaution should be taken before delivering a shock with an AED?
   1. Ensure no one is touching the person
   2. Keep the AED away from water
   3. Apply pressure on the chest while delivering the shock
   4. Use the AED only on conscious individuals

Ensure no one is touching the person

#

1. How can you confirm that CPR is effective?
   1. The person begins to speak immediately
   2. The person's pulse becomes stronger
   3. The person's skin color changes to pink
   4. The person starts moving their limbs

The person's pulse becomes stronger

#

1. When should CPR compressions be interrupted during the resuscitation of an adult?
   1. To check for a pulse every 2 minutes
   2. To allow the person to rest for 1 minute
   3. To change the person performing compressions every 5 minutes
   4. To administer rescue breaths after every 20 compressions

To check for a pulse every 2 minutes